

previously observed reticular pulmonary opacities, with no increase in ACE levels or symptoms in other areas that would suggest this diagnosis. Additionally, the patient, being diabetic, had widespread calcifications and multiple risk factors that could explain the vascular encephalopathy; the chronic pneumopathy had already been considered as ABD. The patient's clinical evolution was latent and progressive, with no elevations in ACE levels or true hypercalcaemia until three years after the first crisis. The non-specific constitutional symptoms and the sum of causes that all could have explained the patient's condition hindered making the proper diagnosis. After treatment, iPTH levels were stable between 180pg/m and 270pg/m, which was surprising. We also want to bring attention to the fact that cases of hypercalcaemia right on the limit are not always due to ABD, which we believe to be adequate reason to consider other possible diagnoses when the circumstances call for it.

Conflicts of interest

The authors have no conflicts of interest to declare.

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Fulminant oligo-secretory multiple myeloma

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To the Editor,

Multiple myeloma (MM) is a clonal proliferation of plasma cells with the production of monoclonal immunoglobulins. This disease can be diagnosed as a result of a variety of clinical manifestations, including bone pains (lytic lesions), a major increase in plasma proteins, and/or the presence of monoclonal protein in blood/urine samples, and signs and symptoms indicative of malignancy, including anaemia, hyperviscosity syndrome, hypercalcaemia, and renal failure. Previous studies have mentioned mortality rates between 10% and 20% in the first two months of its appearance.¹

Here we describe the case of one patient, previously healthy, with recently diagnosed oligosecretory MM, who developed fulminant symptoms one week after detection, having just received the first dose of chemotherapy.

The patient was a 69-year old female. The only relevant history was a peptic ulcer several years before, and the patient did not take any medications chronically or have a family background of kidney disease. The patient was also waiting for an operation to treat a crural hernia. Two months before seeking emergency treatment, the patient's plasma creatinine level was 0.9mg/dl, with no anaemia, and with normal urine parameters and chest x-ray results.

The patient was admitted to the emergency room with a compromised general state of health, anorexia, and nausea.

Anamnesis did not indicate a decreased water intake, but the rhythm of diuresis did, as well as the appearance of nocturia, which previously had not occurred. The patient also had a cough with bloody sputum, dyspnoea upon light exertion, and orthopnoea.

Upon questioning, the patient commented that she had received an anti-flu shot one month prior, and had later started treatment with oral calcium and paracetamol (this treatment had been abandoned in the last 15 days).

The physical examination indicated general poor state of health. The patient had a baseline O₂ saturation of 78% and jugular ingurgitation. Pulmonary auscultation revealed crepitation up to mid-level, and the abdomen was globular with pitting oedema in the limbs. The rest of the physical examination was normal.

The blood analyses carried out in the emergency room revealed: creatinine: 5.5mg/dl, Na: 136mEq/l, K: 5.4mEq/l, calcium: 10.9mg/dl, pH: 7.30, HCO₃: 19mEq/l, haemoglobin: 8.8g/dl, haematocrit: 27%, leukocytes: 13 300, and platelets: 133 000. The coagulation analysis was normal.

Urine analysis (systematic) resulted in: proteins ++, blood +++, sediments >40 red blood cells/field, ionogram: Na 41mmol/l, K 52mmol/l.

A chest x-ray taken when the patient was hospitalised indicated bilateral increased densities with butterfly patterns (Figure 1), and the abdominal ultrasound detected homogeneous hepatosplenomegaly and kidneys with normal size and morphology, with no dilation of the urinary tract.

With the available data indicating rapidly progressing renal failure, anaemia, and bloody sputum, as well as the increased densities in the chest x-ray, we

suspected extracapillary glomerulonephritis and started treatment with 500mg pulses of 6-methylprednisolone. We also started diuretic treatment with a positive response, but with no improvement in renal function, and so we also started renal replacement therapy with haemodialysis.

The laboratory blood analysis (ordinary) indicated that the patient had urea concentrations of 185mg/dl, uric acid: 13mg/dl, cholesterol: 254mg/dl, triglycerides: 218mg/dl, GOT: 44U/l, GPT: 81U/l, GGT: 222U/l, albumin: 4.5g/dl, total protein: 6.6g/dl, calcium: 10.4mg/dl, phosphorous: 7.6mg/dl, and ferritin: 915ng/ml. Viral serology for hepatitis B (HBV), hepatitis C (HCV) and human immunodeficiency virus (HIV) was negative. The immunological analysis demonstrated a normal complement with a decrease in immunoglobulins: immunoglobulin IgG: 174mg/dl (normal: 751-1560), IgA: 8mg/dl (normal: 82-453), and IgM: 8mg/dl (normal: 46-304).

Aiming to clarify the cause of the renal failure, we performed a renal biopsy and found: seven glomeruli per plane (one sclerosed); the other glomeruli had a mesangial expansion matrix with occasional accumulations resembling nodular lesions. Immunofluorescence was negative for immunoglobulins IgG, A, M, C3, and kappa, and positive for lambda in the intratubular sample. We also observed acute interstitial tubular necrosis in the regeneration phase and, most notably, acellular eosinophilic content in the tubules with an accompa-

nying giant cell reaction. There was no interstitial fibrosis or vascular abnormalities, and the final diagnosis was compatible with a myeloma kidney.

After receiving the results of the biopsy, the immunological analysis resulted normal (ANA, ANCA, anti-MBG). In the electrophoretic spectrum we detected two monoclonal peaks with a slight monoclonal component (0.2g/dl). Proteinuria in urine samples at 24 hours was 0.13g/24 hours, and the electrophoresis of the urine sample detected the elimination of monoclonal light chains (kappa elimination: free kappa: 5.6mg/dl).

We consulted with the haematology department and performed a bone marrow biopsy that was compatible with a type MM malignant monoclonal gammopathy with intense damage and probable compacted bone marrow. The metastatic bone analysis only showed osteoporosis, and did not detect lytic lesions. The full-body MRI (Figure 2) demonstrated extensive infiltration into the marrow including in the cranium, spinal column, and diaphysis of the long bones.

We also performed a cardiological evaluation including the following components: electrocardiogram (upon hospitalisation) revealing a sinus rhythm of 100bpm, negative T in DI, aVL, and V6. Echocardiogram: ejection fraction (EF) at 60%, mild concentric hypertrophy in the left ventricle (LV) and mild mitral failure.

With the diagnosis of IgG kappa multiple myeloma with urine elimination of free kappa in the oligosecretory range, we decided on a treatment regimen including bortezomib at 1.3mg/m² intravenously on days 1, 4, 8, and 11, and dexamethasone at 40mg/day orally on days 1-4 and 9-12.

Two days after receiving the first dose of chemotherapy, and coinciding with a potassium level of 7.5mEq/l, the patient suffered severe hypotension, with an escape rhythm of 20bpm. We adminis-

tered emergency dialysis and inserted a pacemaker, in spite of which we continued to detect heart rhythm abnormalities, requiring a permanent pacemaker. The patient continued with progressive deterioration and severe hypotension, requiring the administration of noradrenaline and mechanical ventilation, finally resulting in patient death two weeks after hospitalisation.

Renal involvement in MM is common, and there is a correlation between the presence and severity of renal failure and patient survival.² Cast nephropathy (myeloma kidney) is the most common development in patients with MM and renal dysfunction.³ Protein M is not detected in approximately 3% of patients with MM in the immunofixation analysis of blood and urine samples upon diagnosis, considering these cases to be non-secretory MM; it is rare that these patients should have cast nephropathy, since there is very little light chain elimination.⁴

In our case, this being an oligosecretory MM (with little monoclonal presence in blood and urine samples), the renal histological analysis detected the presence of cast nephropathy (myeloma kidney), which led to the diagnosis of MM. The bone marrow biopsy confirmed MM with widespread involvement. The bone analysis also did not detect images indicative of osteolysis, although the full-body MRI did find diffuse myeloma involvement (Figure 2).

It is also curious that in spite of the low detection of tumour mass and the previous good health of the patient (with no prior cardiological incidents), cardiac arrhythmias started to appear (initially related to toxic hyperkalaemia possibly associated with tumour lysis due to the chemotherapy); however, after halting chemotherapy and intensifying the haemodialysis treatment and implanting the pacemaker (temporary and permanent), the cardiac arrhythmias persisted and the patient died.

Our objective here was to communicate the case of discordance between an



Figure 1. Chest x-ray obtained upon patient hospitalisation.

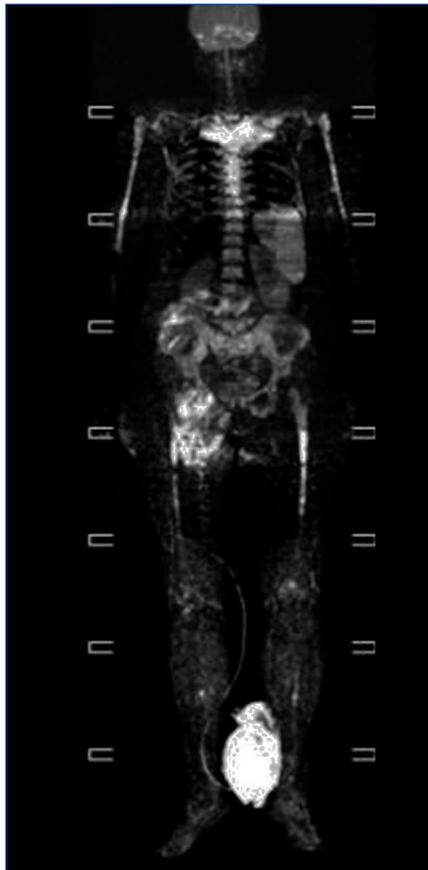


Figure 2. Full-body magnetic resonance.

oligosecretory MM with a minimal monoclonal component and very extensive spread that led to patient death one week after diagnosis.

Conflicts of interest

The authors have no conflicts of interest to declare.

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Unusual epidemiological pattern in kidney transplant patient with HIV and Kaposi's sarcoma. Resolution after sirolimus therapy

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To the Editor,

Kaposi's sarcoma (KS) is associated with human herpes virus 8 (HHV-8), although, alone, HHV-8 is not a major risk factor. Situations that affect immunity, such as infection from human immunodeficiency virus (HIV) or immunosuppressant treatment in solid organ transplant (SOT) patients, markedly increase risk.^{1,2} KS in SOT patients tends to occur within the first few months post-transplant.^{1,3} A high CD4 lymphocyte count and high-activity anti-retroviral therapy (HAART) both significantly reduce the risk in patients with HIV.^{2,3}

Proliferation signal inhibitors (PSI) inhibit tumour angiogenesis by reducing the production of vascular endothelial growth factor (VEGF) and its Flk-1/KDR receptor. The VEGF system plays a central role in the development

of KS, and so the effect of PSI is particularly relevant. The results observed in SOT with KS after converting to PSI demonstrate this relationship, and these drugs are currently the primary therapeutic option.¹ In KS associated with HIV, the first line of treatment is controlling the HIV with HAART, and the usefulness of PSI is still being researched.² Here we present the case of an HIV patient with a kidney transplant (KT) that developed KS.

A 59-year old male infected with HIV (by sexual transmission) that was well controlled with HAART received a KT in May 2001. He then continued treatment with HAART, always maintaining a negative viral load and CD4>200 cells/ μ l. The immunosuppressant treatment consisted of steroids, mycophenolate, and tacrolimus. The mycophenolate was suspended in January 2003 due to haematological intolerance. In August 2003, we performed a biopsy due to progressive deterioration of renal function and the patient was diagnosed with chronic nephropathy.

In February 2010, purple nodular lesions appeared on the patient's left arm, leading to the histopathological diagnosis of KS with intense immunohistochemical expression for CD31, CD34, and HHV-8. An analysis of the extent of the disease ruled out visceral involvement. Blood PCR analysis was negative for cytomegalovirus (CMV), Epstein-Barr virus HHV-6, HHV-7, and HHV-8, with positive HHV-8 serology (IgG-IFI). At this moment the patient already had creatinine levels nearing 4.5mg/dl due to the chronic nephropathy. We decided to significantly reduce the tacrolimus prescription (to 3-4ng/ml) and start treatment with sirolimus (at 4-6ng/ml. We did not completely remove the tacrolimus treatment for fear of poor tolerance to PSI due to renal failure. Renal function continued to deteriorate, and we recommenced dialysis in November 2010, suspending tacrolimus. We continued sirolimus treatment at low doses until the KS was resolved in March 2011. The patient currently continues on dialysis with a complete remission of all lesions.