



Figure 1. Simple radiography of patient's abdomen at admission.

389mOs/kg. Given data indicating renal failure, normochloroemic metabolic acidosis, hypernatraemia, hypokalaemia and hyperphosphataemia, and their severe clinical repercussions, we decided to perform a session of haemodialysis, and the patient responded well. After two additional haemodialysis sessions we obtained electrolyte levels within the normal range and resolution of the neurological syndrome that had occurred. When the patient was discharged from the hospital, nitrogen retention levels had been stabilised and were similar to those at time of admission.

Due to the low clinical suspicion of this condition, diagnosis and initiation of treatment are often delayed, and for that reason, mortality is between 17 and 33% depending on the series.²

To conclude, we must evaluate the risk-benefit continuum before using a colonoscopy preparation and if it is necessary, use preparations specially designed for patients with renal failure, such as XPrep.^{3,4}

1. Gutiérrez E, González E, Hernández E, Herrero JC, Manzanera MJ, García JA, et al. Hiperfosforemia aguda tras preparación para colonoscopia. *Nefrología* 2004;24(3): 283-7.
2. Aronchick CA, Lipshutz WH, Wright SH, Dufrayne F, Bergman G. A novel tableted purgative for colonoscopic preparation: efficacy and safety comparisons with Colyte and Fleet Phospho-Soda. *Gastrointest Endosc* 2000;52:346-52.

3. Unal S, Dogan UB, Ozturk Z, Cindoruk M. A randomized prospective trial comparing 45 and 90 ml oral sodium phosphate with X-Prep in the preparation of patients colonoscopy. *Acta Gastroenterol Belg* 1998;61:281-4.
4. Heher EC, Their SO, Renne H, Humphreys BD. Adverse renal and metabolic effects associated with oral sodium phosphate bowel preparation. *Clin J Am Soc Nephrol* 2008;3:1494-1503.

G. Vega Tejedor¹, C. Ruiz-Zorrilla López², J.F. Soler González¹, R. Ruiz-Zorrilla López³, F. Rodríguez Martín², A. Acebal Botín²

Departments of ¹ Internal Medicine, ² Nephrology and ³ the Digestive Tract. Río Hortega Hospital. Valladolid, Spain.

Correspondence:

Carlos Ruiz Zorrilla López
Servicio de Nefrología.
Hospital Río Hortega. Valladolid. Spain.
carlosruizorrilla@hotmail.com

Radiology image of lanthanum carbonate

Nefrología 2010;30(2):263-4

Dear Editor,

Lanthanum carbonate is a calcium and aluminium-free phosphorus binder that has recently come to market in Spain. It is a heavy, non-toxic metal that is not absorbed by the intestine. The substance's package leaflet in our country does not allude to the phenomenon of its appearance in radiology images. This is not the case in the USA's version, which states that "radio-opaque images may appear in abdominal radiographies of patients who consume lanthanum"¹. The most commonly reported adverse reactions were gastrointestinal, but the clinical trials did not include patients with intestinal obstructions or inflammatory intestinal disease.²

We present the case of a 58-year old man with pan-colonic diverticulosis and frequent diverticulitis episodes with CKD secondary to diabetic nephropathy who began a periodic

haemodialysis programme in April 2001. He was admitted in July 2008 for fever and abdominal pain. An emergency abdominal CT ruled out signs of diverticulitis, but the radiologist reported "remnants of contrast in the entire colon and terminal ileum" (figure 1), which was confirmed by a simple abdominal x-ray (figure 2). Our patient had not received any radiological contrast at any time, but he had been receiving treatment with 3000mg lanthanum carbonate daily for severe hyperphosphataemia since February of that year, with excellent lab results and good clinical tolerance up to that moment. The final diagnosis was sepsis due to *Enterococo avium*, most likely of intestinal origin. Since there were no other findings in the imaging tests that could explain the abdominal pain, lanthanum treatment was discontinued, after which the patient remained asymptomatic.

With a view to studying the findings, a simple abdominal radiograph was taken in another patient receiving the same dose of that metal and who had not had any digestive symptoms. The deposit was also observed throughout the contour of the colon, but showed a different radiological pattern (figure 3).

References in the literature describing this phenomenon are scarce and contain various explanations. According to our research, the first radiological image attributed to lanthanum consumption was shown by Cerny and Kunzendorf³ in 2006. In this case, the drug was discontinued because after seeing the radiography, doctors felt that the patient's abdominal pain could be related with the lanthanum. Other cases were subsequently reported.⁴ David et al.⁵ interpreted the radiograph as an intestinal deposit of calcium phosphate stones that prove lanthanum's effectiveness as a binder, and even suggest that such an image could be used as a test of therapeutic compliance. That theory is refuted by Pafcugova et al.,⁶ who showed that the tablets themselves inside a vial are



Figure 1. Abdominal CT without contrast showing the lanthanum carbonate deposit in the sigmoid colon diverticuli and rectum.



Figure 2. Simple abdominal radiography without contrast showing multiple one-centimetre sized opaque points irregularly distributed along the contour of the colon, which are lanthanum deposits in the diverticuli.



Figure 3. Simple abdominal radiography without contrast showing radio-opaque material distributed along the entire contour of the colon. This image is from another patient receiving the same dose of lanthanum, but with no abdominal symptoms.

radio-opaque, in absence of calcium or phosphorus. However, given our limited experience with the use of this drug, particularly in Spain, it is still not clear what the radiographical distribution pattern is in the abdomen, or whether it can be observed in all patients receiving this medication. Vrigneaud et al.⁷ studied 13 patients treated with lanthanum. In six, the abdominal radiograph is completely normal, while in the rest, the radio-opaque deposit may be observed. However, in contrast with the habitual images with opaque areas smaller than one centimetre distributed regularly throughout the contour of the colon, we found two cases in which the areas were larger and irregularly distributed along the digestive tract. These were in one patient who did not chew the tablets correctly, and another patient with colonic diverticulosis whose profile suggests the material was deposited in the diverticuli, as with the present case.

Our conclusion is that although little data exists about the radiological behaviour of intestinal lanthanum carbonate deposits, it is necessary to know that it is radio-opaque. Furthermore, it is likely that the drug should be used cautiously in patients with intestinal diseases. In addition, we do not know its elimination time, which is crucial information when it comes to performing other imaging studies without interferences. And lastly, we believe that all of the above should be included in the drug's technical leaflet printed in Spain.

1. Lanthanum carbonate: Drug information. UpToDate 16.2. Accessed 31 July 2008 en: http://www.uptodate.com/online/content/topic.do?topicKey=drug_l_z/68079.
2. Perys VP, Behets GJ, Bervoets AR, De Broe ME, D'Haese PC. Lanthanum: a safe phosphate binder. *Semin Dial* 2006;19:195-1999.
3. Cerny S, Kunzendorf U. Radiographic appearance of lanthanum. *N Engl Med* 2006;355:1160.
4. Chuang CL, Chiou SY, Li SY, Jian DY,

Chen JY. The case: a peritoneal dialysis patient with an unusual abdominal film. *Treatment with lanthanum carbonate. Kidney Int* 2007;72(10):1291-2.

5. David S, Kirchoff T, Haller H, Meier M. Heavy metal-rely on gut feelings: novel diagnosis approach to test drug compliance in patients with lanthanum intake. *Nephrol Dial Transplant* 2007;22:2091-2.
6. Pafcugova J, Horackova M, Hraskova M, Forejt J, Szabo M, Pádr R. Radio-opaque appearance of lanthanum carbonate in a patient with chronic renal failure. *Nephrol Dial Transplant* 2008;23:1776.
7. Vrigneaud L, Lefebvre D, Daem AO, Lemaitre V. Radiographic characteristics of lanthanum carbonate absorption. *Nephrol Ther* 2008;4(2):111-3.

B. Diez Ojea¹, S. Medrano Martínez², M.A. Alonso Álvarez¹

Departments of ¹ Nephrology and ² Radiology. Valle del Nalón Hospital. Langreo. Asturias, Spain.

Correspondence: Beatriz Diez Ojea

Servicio de Nefrología.

Hospital Valle del Nalón. Langreo. Asturias. Spain. beaojea@hotmail.com

Difficult to treat atrial fibrillation in a patient on haemodialysis

Nefrologia 2010;30(2):264-5

Atrial fibrillation (AF) is the most frequent type of arrhythmia with a prevalence of 8.5%¹ in the general population, ranging between 13.6%² and 23.4%³ in patients on haemodialysis (HD). It tends to be associated with structural heart disease, particularly left atrial dilation, and electrolyte imbalances such as hypokalaemia and hypocalcaemia must be avoided as they can precipitate a cardiac arrhythmia.

We present the case of a patient with chronic renal failure (CRF) on HD, with a flutter that was difficult to treat pharmacologically because of intolerance to various antiarrhythmic drugs. The patient required pacemaker implantation in order to introduce